



PAC General Meeting – January 31, 2013

Upper Lynn Library

PAC Exec in attendance: Tanya M., Julie M., Stephanie W., Lisa S., Beth M., Ruth M.

Administration in attendance: Todd H., Johnen H.

Agenda Item	Discussion	Action Item
Julie –Call to order 7:05pm		
Adopt agenda		Ruth M. motion to accept, Lisa K. seconds
Adopt minutes from last meeting		Lisa k. motions to accept, Laura seconds
Tanya/Julie	Problem with correspondence being received. Idea: Have class reps send email to ask if they are receiving notices	
Tanya/Julie	Playground installed during Winter Break. Great feedback and the kids are enjoying the new structure.	
Tanya/Julie	<p>After School Programs:</p> <ul style="list-style-type: none"> • iGirl – Had to cancel Pro-D day intermediate program due to low #'s. • Science Program – Had to cancel due to low #'s • Family Fun Night - #'s lower than last 2 year. (@140) • Talent Show – auditions coming up week of Feb. 18th. Looking for a variety of acts. Students who do not make the cut will have an opportunity to help out in other ways with the show. <p>Need other ways to drum up excitement and interest.</p>	
Beth M. – Treasurer Report	<p>Treasurer's Report distributed for review.</p> <ul style="list-style-type: none"> • \$39,000 to playground • No other major purchases 	

	<ul style="list-style-type: none"> • Fundraising doing OK • Card Project – down 10% each year. Possibly expanding products to notebooks. • Spirit Wear – would like to see more sold 	
Todd H.	<p>New Calendar Policy</p> <ul style="list-style-type: none"> • Each district is responsible for their own calendar. • Committee brought together to discuss. • Nothing decided or voted on – consideration brought forth. • Trustees make decisions March 12th • More info to come 	
Todd H.	<p>Emergency Preparedness</p> <ul style="list-style-type: none"> • Created committee this year • Link to power point on PAC website <p>North Shore Emergency Management Office estimates: During an emergency, prepare for 50% of population to spend the night, 50% of the remaining half out in 48 hours. The rest will be released within 72 hours.</p>	
Julie/Tanya	Formal motion: Ask for approval of additional \$2500 for emergency supplies	PASSED
Julie/Tanya	Target fundraising: comfort kits- ask students to bring a twonie in with them for the earthquake kit.	
Admin report	<p>Emergency Procedures:</p> <ul style="list-style-type: none"> • Heightened concern especially with tragedy in states • NVSD has standard procedures in place • Handbook in each classroom with specific emergency drills • Student release drill is a piece of emergency management not just for earthquakes. • Practice drill in Spring using gym • Parents will be aware of drill 	

	<p>date, but are asked not to rearrange schedules on that day. This will keep the drill more realistic.</p>	
Johneen	<p>Self-Regulation Seminar by S. Shankar</p> <ul style="list-style-type: none"> • Not self-control, but how much stress someone has and how they deal with it • 1988 - # of kids with stress has increased by 3% each year • 2003 – stress increased by 5% each year • The Marshmallow study: Kids left in a room with a marshmallow. They were told if they could sit in the room with the marshmallow for a set amount of time without eating it, they would receive more marshmallows. 30% could leave it alone, 70% could not resist the marshmallow! Studies show that the 30% who could leave the marshmallow alone were tracked later in life and they had better jobs and better friendships. • 5 domains of self-regulation <ul style="list-style-type: none"> ○ Biological ○ Emotional ○ Cognitive ○ Social ○ Prosocial <p>(adapted from <i>Calm, Alert and Learning</i> by S. Shankar)</p> 	
Johneen	<p>Upcoming events: Feb. 7th – PJ day, bring a loonie Feb. 27th - Anti-Bullying Day – wear pink to support this initiative</p>	
Todd H.	<p>Homework</p> <ul style="list-style-type: none"> • Started a conversation with staff in September. • Evolving conversation. • 4 questions asked of the PAC for group discussion <ul style="list-style-type: none"> ○ What is the purpose of homework? ○ From your observation, 	

	<p>what kind of work is assigned as homework?</p> <ul style="list-style-type: none"> ○ How are you as parents involved in homework completion? ○ Do teachers comment on homework assignments? If so, in what way? <ul style="list-style-type: none"> ● Consensus was that there is no consistency with the amount of homework given especially with the same grade and different teachers, some giving more than others on a regular basis. Others not giving any homework. No feedback from teachers re: homework to parents or students. 	
Lisa G.	<ul style="list-style-type: none"> ● Proud parent of a special needs child. 20% of school population diagnosed with a learning disability at all different ages. ● Sees the need for someone on the PAC to liaison parent/school. Missing out on a valuable resource. ● Wants to plant a seed and make it easier for parents to reach out and discuss their issues and find resources or simply see that they are not alone. 	Lisa can be reached at inlgordon@shaw.ca
Jamie B.	Parent of 9 yr. old child with dyslexia. Has been dealing with learning challenges and also sees the need for a support group to raise awareness and provide resources for parents and kids.	Jamie can be reached at jbassett@shaw.ca
	Meeting adjourned at 9 pm	
	Thanks Everyone!	